



\$35 Introductory Pass 10 days Unlimited Yoga**

MON	TUE	WED	THUR	FRI	SAT	SUN
		5.30am Xpress	6am Mat Pilates	5.30am Xpress		
					7.15am MYA	8.00am SDS
9.15am SDS	9.15am Mat Pilates	9.15am SDS	9.15am BNS	9.15am B2B		9.15am Mat Pilates
10.30am GoldenYogi			10.30am GoldenYogi			
						4pm Roll N Release
6pm MYA	6pm Yin	6pm B2B	6pm MYA			5.15pm Yin
7.15pm B2B	7.15pm BNS	7.15pm Mat Pilates	7.15pm Beg Crs*			

All Levels Welcome!!

Beginners Courses Yoga for Seniors Open Classes 7 days

*Requires Bookings

**Not valid for courses or workshops. For new students only.

Limit one per person. Valid for 10 consecutive days from the date of purchase

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